

Proximal Attachment

Rectus capitis posterior major arises as a pointed tendon from the spinous process of C2.

Distal Attachment

The **muscle** becomes broader as it ascends to attach to the lateral part of the inferior nuchal line of the occipital bone, deep to superior oblique and semispinalis capitis. Rectus capitis posterior minor is visible in the triangular space between the two opposing rectus capitis posterior major muscles.